

## REMOVING THE PROSTHESIS

### Without a Suction Cup

Pull down the lower lid with your index finger, look up and allow the prosthesis to slide out over the lower lid.

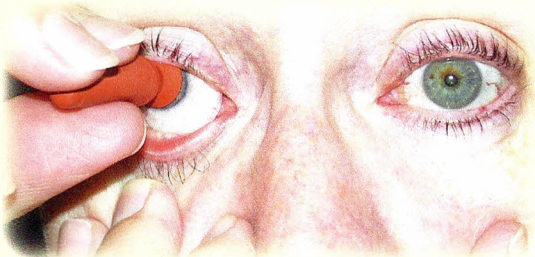


### With a Suction Cup

Wet the cup, squeeze the stem, and press it against the prosthesis. Relax the squeeze and confirm the cup grips.



Hold down the lower lid as you tilt the prosthesis out and over the lower lid.



## INSERTING THE PROSTHESIS

Wash the prosthesis between your hands with a non-abrasive, fragrance and moisturizer free soap and hot water.

Hold the prosthesis between your thumb and middle finger. Lift the upper lid with your other hand.



Gently slide the top of the prosthesis under the upper lid.



Hold the prosthesis in place with your index finger as you pull down the lower lid with your other hand.

